



Humor's Healing Power: You Gotta Laugh 12 Funny "Thinks" (Source: Anonymous Forward)

As you know, I highly recommend humor for busting stress. I came across these but unfortunately, without credit attributed. (*Sounds to me like maybe a stand-up comedian? Or just somebody's really funny cousin?*)

1. If a word is misspelled in the dictionary, how will we ever know?
2. Why do we wash bath towels? Aren't we clean when we use them?
3. How come abbreviation is such a long word?
4. Why isn't the word phonics spelled the way it sounds?
5. If jocks get athlete's foot, do astronauts get mistletoe?
6. Why do we sing "Take me out to the ball game" when we are already there?
7. If love is blind, why is lingerie so popular?
8. If work is so terrific, why do they have to pay you to do it?
9. Why do we press harder on the remote when we think the batteries are dead?
10. If the #2 pencil is so popular why is it #2?
11. If swimming is good for our shape, why do the whales look the way they do?
12. If peanut oil comes from peanuts, where does baby oil come from?

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Award-winning stress-relief expert Susie Mantell is the author of the exquisitely soothing relaxation audiobook, "Your Present: A Half-Hour of Peace," clinically approved to relieve symptoms associated with health-related, work-related, chronic and traumatic stress. Featured in *The Los Angeles Times*, NBC, ABC, CBS-TV, *Town & Country*, *The American Pain Society*, *Hazelden* and *The Susan G. Komen Breast Cancer Foundation*, listeners include *The Mayo Clinic*, *Memorial Sloan-Kettering*, *The Betty Ford Center*, *V.A. Hospitals* and *Canyon Ranch* ("#1 Spa"--*Conde Nast Traveler*). Customizing stress-reduction for Fortune 500 companies, distinguished medical centers and spas, Mantell's multi-sensory, mind-body techniques appear in national media, medical and corporate publications. Susie Mantell's stress-relief & wellness tips are intended as an adjunct to, not a substitute for, professional health care. Order "Your Present: A Half-Hour of Peace" and enjoy more of Susie Mantell's stress-relief tips at www.relaxintuit.com

