



Reviews & Previews



Los Angeles Times

HEALTH

Los Angeles Times

flair



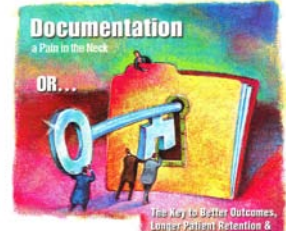
tip sheet



plug into peace



Dealing With Stress • New Medicare Treatment Opportunities • Treating Knee Injuries • Helping Overweight Patients • Networking With Prognosis Chiropractic • Plus Much More!

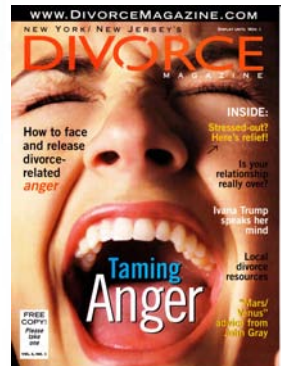


GOODS
Santa's Got a Brand-New Bag
Saint Nick knows the best gifts are those that motivate. Here are a few to inspire even the least-jolly soul.

MEET NEWS
GREAT HEALTHY GIFTS



Capture real joy
Inspiring ideas to feed your soul
Solutions to the **TOD 6** work stresses



POTENTIALS IN MARKETING



NEW PRODUCTS
Motivation Ideas

Stressed Out
American men working longer, harder and faster-and more of them are getting a good for it, according to the National Health and Aging Trends Study...
Stress relief audio
The Power of Half Peace is an audio program that provides gentle, relaxing music and guided imagery to help you release stress and gain peace...
Available in bookstores or call 800-555-6232

